



In partnership with  
THE NATIONAL LOTTERY  
COMMUNITY FUND

## Freelance Job Role Description - Park Pharmacy Trust:

### **Project name:**

A novel approach to tackling Covid-19 loneliness

### **The aim:**

The aim of this project is to reduce loneliness in adults 50+ especially those who were required to completely isolate and not go out because of their greater vulnerability to contracting Covid-19.

### **What we will do:**

We plan to bring people to our lovely Victorian lodge and secluded medicinal garden where there is a museum of items from old chemist shops. We will run 2-hour sessions 3-4 days a week, including weekends, over 6 months, and when possible run sessions outside. We will follow government guidelines regarding social distancing, PPE, and group numbers. These sessions bring people together to participate in activities that break down barriers, build confidence and allow people to have fun.

We use items that used to be sold in chemist shops to tell stories and share memories. When someone recognises an item from their past they suddenly want to tell someone else; this is the magic ingredient of our approach. Helping people leave their homes and visit the lodge will improve their physical and mental health greatly.

We have a number of hands-on fun activities, borrowed from our work with schools. We offer adults visiting the lodge an opportunity to do some of these: such as using old fashioned pill-rolling to make plasticine pills, weighing mysterious *Amylum miranti* powder (arrowroot) and packaging it in sachets using old fashioned paper folding machines and even learning how to crimp the end of a toothpaste tube using a Victorian tube-end crimper.

### Who can benefit:

Anyone over 50 in Plymouth can benefit from this project, but initially those in Mannamead and nearby districts will be our target group.

### Outcomes:

The project will aim to achieve the following outcomes.

- Reduce isolation of people aged over 50+
- Reduce loneliness of people aged over 50+

### The Job Role:

We are looking for someone who has a passion for history and interest in everyday items that were sold in old fashioned chemist shops. The ideal candidate will enjoy working with people, especially the older generation who have been struggling with isolation since the beginning of the COVID-19 pandemic .

The role will suit someone who is good at explaining and showing people what to do and experience of running educational workshops and working in groups. The right candidate will have experience and/or an understanding of how historic items can be tools to trigger a person's long term memory. An interest in 19th and 20th Century high street pharmacy and allied medical professions would be an advantage but detailed knowledge is not expected as training will be given. The most important part of the job is for the person to be very good at listening and to allow conversations, triggered by the sight, smell and touch of an artefact, to come from an individual and be shared by others in the group.

The role will be great for someone with experience of working with people in museums, heritage centres or educational settings but not a requirement. Ultimately we want to hear from people who love history and enjoy working with adults.

**Please be aware** that due to COVID-19 we may need to develop some sessions to be delivered on line, we would like the right candidate to be open minded to working online in this manner.

### Job Spec:

Criteria	Detail	Essential / Desirable
Experience & Knowledge	Experience of delivering group workshops	E
	Experience of working with people over 50 years+ of age	D
	Knowledge of how to use objects to stimulate people to recall and share stories from their past	D

<b>Job Related Abilities</b>	Good record keeping	<b>D</b>
	Confident using phone and email to communicate	<b>E</b>
	Open minded to running group sessions online (ZOOM)	<b>D</b>
<b>Personal attributes</b>	Love of history and historic artifacts	<b>E</b>
	Good listener and a passion for people	<b>E</b>
	Enthusiasm to learn	<b>E</b>

### **Duration:**

The project must be completed by the middle of March 2021 which could mean sometimes running sessions at weekends in order to reach as many people as possible.

### **Budget:**

The post, which could be a job share, is free lance with payment per hour for agreed number of hours. Payment will include contact time with participants and preparation of workshop equipment, recording results and looking after volunteers who will support the leader in running these c.

### **Future plans:**

This is a pilot project and the aim is to build on this project and develop the learning resources so that we can support more people. We would also like to use our collections to reach people of all ages and backgrounds. We would like to work with the successful applicant beyond this initial project

### **How to apply:**

Please send us an up to date CV and a covering letter detailing your skills, experience and passion for this role.

Please send your application to [jan.knight@parkpharmacytrust.org.uk](mailto:jan.knight@parkpharmacytrust.org.uk)

Refer to website for more information

[www.parkpharmacytrust.org.uk/a-novel-approach-lottery-project.html](http://www.parkpharmacytrust.org.uk/a-novel-approach-lottery-project.html)

If you have any questions please email the address above or phone Dr Jan Knight on 01752 565 676.

**Closing Date - 11th Nov 2020 at 5pm**